



Gold Wing Road Riders Association

Southeast Region 'A'

CHAPTER "SC G"

TRI COUNTY WINGS

BERKELEY • CHARLESTON • DORCHESTER



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Sunshine Girl
Nadine Cooper

Senior WebMaster & Editor
Dennis & Sue DeFendi



NEXT CHAPTER GATHERINGS

Saturday, FEB 5TH & MAR 5TH 2011



*Seasons
Greetings*

As we go from the old year to the new year, let's all be Safe. You all know Chapter 'G' has had The Plaque three times this year and we are excited About that. Chapter 'F' captured it from us on December 4TH. They have it up for capture, Saturday, January 22ND at Mutt's BBQ in Easley. We will be there for an Attempt.

As We Proceed into the New Year Chapter 'G' has some upcoming events that include; Chapter Oyster Roast on February 12TH, Chapter Cruise to the Bahamas on March 11TH, Spring Maintenance Day & Pot Luck Social on March 19TH, Chapter G Spring Weekend April 14-17TH and lot's more.

Some of our Goals For 2011 include Maintaining Retention, Continuing to Recruit New Members, Fill ALL Vacant Chapter Team Positions, Coming Up With New Ideas To Do More Fun Things to mention a few.

I Would like to take this Opportunity to Wish All Of Our GWRRR Family A Prosperous New Year.

Ride Safe
Keep The Shiny Side Up

John & Debra Wilson



Chapter Rider Educator David Dence



Here we are saying goodbye to 2010 and ringing in a new year. My, how the year has gone by so fast. For 2011, I would like to ask all of you to make one of your New Year's resolution's to be as safe a motorcycle operator as you can be. Is this the year that you take a refresher Motorcycle Safety Course for instance.

You can prevent accidents by anticipating hazardous situations and adjusting your riding (driving). Part of avoiding an accident is to know when to give the right of way. Being a defensive rider (driver) means being prepared for what may happen next. Below are some tips to being a safer driver or motorcyclist.

- Move into your intended path or direction only after you have signaled and are assured you will not conflict with other traffic. When passing stopped vehicles, slow down and move as far over as possible.
- Assume that other drivers may make mistakes; this means you need to be focused on driving at all times.
- Be ready to adjust speed, position, direction and attention to maneuver safely if a hazard develops.
- Search ahead of what is immediately in front of you. You may spot something to give you advanced warning of an approaching hazard.
- Slow down in work zones and when the weather is bad. When in you four wheeler and your wipers are on, your lights should be on too.
- Scan your mirrors frequently for passing vehicles. Look for vehicles entering the flow of traffic in front of you.
- Look in all your mirrors and over your shoulder before changing lanes or making turns.
- Do not force other drivers to brake or steer away because of your obstructive maneuver into their path.

I believe all accidents are preventable. When on your Wing or behind the steering wheel stay focused on driving. Your risk rises if you are not focused on driving safely. Think ahead and be prepared to react to other drivers.

As a chapter this year lets do as much riding as we possible can (and afford) and do everything that we can do to be as safe as possible. As your Chapter SC "G" Educator I will do everything that I can to assist you in riding safely with riding tips and suggestions that may help you ride safely. Lets all have a wonderful, fun year. I will see you at our first gathering of the year prepared to talk safety, I hope you will join us with some of your ideas to ride safely.

David Dence



21 Simple Ways To Be HAPPY !!!

Kathy Truluck

**part of an article taken from Beliefnet.com*

If you are looking for happiness, you've come to the right place! Happiness is a state of being that only you can create. Happiness is a choice that you make! Using the tips below will provide you the **best tips on happiness** that can help you to create happiness in your life!*

Enjoy your own company. Embrace everything about you! Without a doubt, it's the most important step towards being a happy person.

Smile, Giggle & Chuckle! Smiling releases serotonin in the brain, which instantaneously gives your mood a lift.

Warm Up Your Tootsies! Pull on your best pair of warm socks, wiggle your toes and enjoy a cozy kind of bliss.

Sing Out Loud! Shut the doors and the windows tight, put on your favorite song, and let your voice ring!

Indulge in Dark Chocolate! Savor a small piece and watch your mood improve.

Expect a Miracle! Believe that something wonderful will happen for you today. The universe is waiting to shower happy blessings on you.

Mediate, Pray & Chant! Research shows that people who are spiritual tend to be happier and healthier than those who are not.

Laugh at Your Short Comings! We all make mistakes; none of us is perfect. Forgive your imperfections, accept your faults, and laugh.

Sleep, Baby, Sleep! Seven or eight hours each night should increase your energy and decrease moodiness.

Count Your Blessings Daily! Gratitude, the emotion of thankfulness, is one of the key ingredients for living a happy life. Make gratitude a habit and happiness will be yours.

Wake Up Early! Start the day off on a happy foot, with a happy thought. The morning hours are full of spiritual energy and prana (life force).

Let The Sun Shine In! 20 minutes of sunlight per day improves mood and wards off Seasonal Affective Disorder (SAD).

Create A Positive Affirmation! Think it, read it, say it, sing it! "My happiness brings me more happiness."

Say "Good Job"! Give yourself permission to pat yourself on the back. Recognize your accomplishments and positive qualities.

Catch Happiness From Others! Remembering that happiness is contagious, surround yourself with happy, positive people who share your values, goals, and dreams.

Grow A Garden! Watching plants grow and thrive under your care is thrilling!

Pencil in 'Quite' Time! Each and every day sit awhile, without television, without magazines, without the Internet. Just be!

Look to the Future! Set goals and then make plans to succeed and take action. Pursuing something we value always makes us happy.

Accept What You Cannot Change! Don't waste your precious time, energy, or thoughts on something that is beyond **your control**. **Let it go.**

Take a Cat Nap! A 10-minute nap is all it takes to rejuvenate your spirit and get the happiness to flow.

Love Everything!!! Love who you are. Love what you are doing. Love the person you're with. Love your friends and your enemies, too. Love! Love! Love!



Hello Chapter G,
 its time for those dreaded birthdays again.
 I know you don't want to hear about it but
 your age is just going to sneak up on you
 anyways.
Nadine



Sam King - 1/7
John Wilson - 1/16
Craig Miller - 1/26
Guy Lamb - 1/26
Awww the twins



Franklin & Sadie Simmons
1/1

Charlie & Rita Tice
1/17

THURSDAY NIGHT's Chapter 'G' Meets To Eat. Come join the fun every THURSDAY evening at 6:30PM for some friendship at dinner... Here is the DEC / JAN Schedule,

- JAN 6 - Prizzi'S Ristorante & Pizzeria, 710 Bacon's Bridge (Near The Trolley Rd Instersection)
- JAN 13 - East Bay Deli - 9153 University Boulevard, North Charleston
- JAN 20 - Moe's Southwest Grill, Rivers Ave, (Across From Northwoods Mall)
- JAN 27 - McAlister's Deli, 400 Azalea Square Blvd, Summerville
- FEB 3 - Willie Jewels BBQ, 8983 University Blvd, N.Charleston
- FEB 10 - Gilligan's Seafood Restaurant, 219 St. James Hwy, Goose Creek
- FEB 17 - Teppanyaki Japanese Hibachi, 5900 Rivers Ave next to Big Lots, N.Charleston
- FEB 24 - La Hacienda, 5070 International Boulevard, N.Charleston





Hello Chapter G,

It's a whole new year and a good time to get your bikes ready for the upcoming warmer weather. We sure have had some crazy weather around here and all we can do is make the most of it. We had a snow day on the day after Christmas and I just had to get out there and ride a little. I only rode about 70 miles by myself. Just had to do it. Not smart I know but started remembering riding in the snow in the mountains in 09 and could not help myself.

As you all know the District Convention is only about 4 months away and time does fly quickly. We are around 24 vendors at this point and more are saying they may come. With the way the economy is a lot of the vendors are closing or selling their businesses or just internet sales and the luxury of going out to meet the people who buys their goods is looking bleak. So please support the vendors so they may return next year.

We are turning the corner towards spring and the riding season of plaque chases and visiting other chapters just because they are there. If any of us or a group of us are visiting an area of another chapter lets get in touch with them before we go and let them know what we are up to and maybe they will join us. Just seeing them at plaque chases is not as good as a day of fun with your friends. The district picnic and the camp outs that some of the other chapters have is open to all so why not a visit to the Zoo or a trip to Myrtle Beach or just a lunch ride to Miller's Bread Basket. If you invite other chapters they just may show or even invite you to their next get together. I know that at a plaque chase all the Chapter Directors stand up and say come visit us and some do. I know the time frames of their gatherings are hard to hit sometimes but if you call and make plans with them they may be able to work with you as an individual or a group. What I am getting at is reach out to the other chapters and invite them down to see our town and what it has to offer.

Joe Cooper



THE BULLETIN BOARD



January

from the *Très Riches Heures du Duc de Berry*

ARE YOU RECEIVING ALL OF YOUR E-MAIL ???

You might not if you have a Yahoo, AT&T or Bellsouth email account and receive your mail using one of the favorite email readers such as Outlook, Outlook Express, Windows Mail, etc.

AT&T and BELLSOUTH started using YAHOO as their mail handler during June of 2010... Most accounts had spam filtering turned on at the server level without their knowledge. Yahoo may be filtering out hundreds of emails from your account each month without your knowledge including those from the gwrrasc.com domain.

If you go to the Yahoo, AT&T or Bellsouth mail page on a web browser like Internet Explorer you can see what goes into your spam folder. If you POP your mail into an email handling program such as Outlook, Outlook Express, Windows Mail, etc., you need to turn off spam filtering or let the mail handler forward spam when you POP your email. Here is how to do that.

GoTo <http://att.yahoo.com/mail> and sign in with your email address & password. On your mail page click on Options/Mail Options in the upper right hand area. On the Options page, click on 'Spam' in the selections box on the left hand side of the page. Then in the Spam area make sure the 'Control SpamGuard.' box is NOT set to Automatically send suspected spam to you spam folder. Uncheck it and click 'Save Changes'... Then 'Back to Mail' ... Your Spam Folder should empty the next time you collect email from Outlook, Outlook Express, Windows Mail or whatever program you are using on your home/work computer... (let your Norton or home program check for spam)...

Another way that keeps the mail in the spam folder but sends it to you when receiving POP email is to Select 'POP & Forwarding' on the Mail Options Page. Then on the POP & Forwarding page you Allow your mail to be POPed and select 'include spam message' when POPing your messages...

If you did not get to your mail at the link above you might not have upgraded your ATT/Bellsouth email account (this is a good first page to start) last year when AT&T & Bellsouth went to Yahoo to handle their mail... If you need to Upgrade, just go to <http://webmail.att.net> and you will go to the upgrade page...

I have help some Chapter G members fix this problem, some had hundreds of emails in the spam folder unknown to them.. Many were spam but some, like those from your WebMaster, were not.. Hope This Helps.

Sue & Dennis DeFendi Wishing you all best wishes for 2011

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Joe & Marlene Douglas
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Membership Enhancement: Glenn & Doreen Thompson
District Educator: Jerry & Teresa Hill
District Treasurer: John & Janet Osborne
South Carolina & Region 'A': Carl & Betty Jane
SC County Reps: Doug & Pam Haysler
Senior WebMaster & Editor: Dennis & Sue DeFendi
WebMaster/Spinner: John & Debra Wilson

Chapter G Team
Chapter Director: John & Debra Wilson
Assistant Director: Patricia Yarnes
Chapter Educator: Gene Decker
MRR Enhancement Council: Patricia Yarnes
Chapter Treasurer: Donna Jackson
Goody Bagge: Ruth Godwin
SueLine Girl: Wallace Cooper
Senior WebMaster & Editor: Dennis & Sue DeFendi

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OnLine at www.gwrrasc.com

FRIENDS FOR FUN, SAFETY AND KNOWLEDGE